Adaptive Sailing: Building a Program
Presenters

Cristina Rubke, Commodore, Bay Area Association of Disabled Sailors

Maureen McKinnon, Gold Medalist SKUD 18 class, 2008 Paralympic Games

Betsy Alison, US Paralympic Sailing Coach

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Adaptive Sailing…….

Seeing Is Believing
Why Adaptive Sailing?

- Creates a POSITIVE DIFFERENCE in many lives
- Increases your Membership and Outreach Base
- Increases Access to Funding Opportunities
- Creates new Partnership and Sponsorship opportunities
- Provides Full Inclusion to your Community
- Improves Community Relations
Facilities

Ramps
Facilities

Elevators & Lifts
Facilities

Docks & Pontoons
Facilities

Docks & Pontoons
Boats: Adaptive Designs

Freedom 20
Boats: Adaptive Designs

Hansa Class Dinghies
Boats: Adaptive Designs

Martin 16
Boats: Adaptive Designs

Challenger Trimaran
Boats: Paralympic Class

Sonar
Boats: Paralympic Class

SKUD-18
Boats: Paralympic Class

Norlin Mark III 2.4 mR
**Boats:** Typically-used One-Designs

*Ideal 18*
Boats: Typically-used One-Designs

Hobie 16 with a Trapseat
Boats: Typically-used One-Designs

Flying Scott
Equipment

Skipper Seats
Equipment

Crew Seats
Equipment

Servo Devices
Equipment

For those with Visual Impairments
Equipment
Training - Staff & Volunteers

Various Abilities

• Physical limitations
• Developmental Disabilities
• Visual Impairments
• Hearing Impairments
• Cognitive Disabilities

**Each person will have unique abilities/needs, so please ask. Learn as much as you can prior to going out on the water**
Training - Staff & Volunteers

Simply

- Treat everyone the way that you would like to be treated!
- Remember, we “ALL” have different abilities and are unique.
- Ask if a person needs help – and how you might assist?
  - Don’t assume – Ask, Listen, and then Act (if needed)
Training - Staff & Volunteers

Sailing Adaptations

• Boat/Equipment Adaptations for individual’s comfort, safety, and security in the vessel
• Transfer assistance in and out of boat
• Extra padding for body parts with no feeling
• Able Body Assistant onboard/Sighted person
• Be aware of/plan for communication/comprehending issues.
Training - Staff & Volunteers

Focus and Awareness

• Focus on Ability and Achievement
• Respect personal space, ask to touch before touching!
• Wheelchairs, prosthetics, canes, etc – need to treated with care and put out of the sun.
Recruitment

• Develop an outreach program to include video and a spokesperson (active participating sailor)
• Outreach to:
  • Support groups for people with disabilities (MS, SCI, amputations, etc.)
  • Events, such as fairs and shows that showcase equipment and/or activities specifically for people with disabilities
• Annual Open House/”Come and Try” events
  • Introduces the program to the community.
  • Includes a brief ride/instruction on a sailboat
  • potential participants & volunteers learn what the program has to offer
  • opportunities to meet fellow sailors
Veterans
Resources & Funding

- Grants, gifts, sponsors, local clubs, private donations
- Gala Event, with a raffle, silent and/or live auction
- Becoming a public/private partner with a public entity (city, park district, county, state) can reduce major costs regarding dockage, equipment, insurance, supervision, etc.
US Sailing Resources


US Sailing Adaptive Sailing Sanctioning Program

Pioneer Matching Grant Program
Additional Resources

International Association for Disabled Sailors: www.sailing.org/ifds.php

Blind Sailing International - www.blindsailing.org/

Special Olympics - www.sosc.org/sailing.html
Thank You!

- Bay Area Association for Disabled Sailing
- Judd Goldman Adaptive Sailing Foundation
- Freedom Waters Foundation
- US Sailing Committee for Sailors with Disabilities
- Presenter Panel
- Audience!
In Memory of Hugh Elliot
Your Opinion Matters

Please “check-in” to this session on the Sailing Leadership Forum app and complete the session survey

Or

Complete one of the yellow survey forms in the back of the room and drop in the box

Thank you for attending this session